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### What is Positive Peer Influence?



Positive peer influence is a key principle in MOE's Cyber Wellness Framework which encourages our students to:

- ✓ Be a positive role model online (e.g. share healthy and positive content, harness technology to do good); and
- ✓ Advocate positive online behaviours (e.g. stand up for their peers online, report cases of cyber bullying to a trusted adult/authority, post encouraging remarks on social media).

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### Why is Being a Positive Peer Influence Online Important?



Being a positive peer influence online will help your child to:

- ✓ Exercise empathy and kindness online
- ✓ Develop resilience and moral courage to stand up to negative peer pressure and unhealthy online influences
- ✓ Learn responsibility for words and actions
- ✓ Leave positive digital footprints and establish a good online reputation

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### How can Parents Help?



Encourage your child to:

- ✓ Be **S.U.R.E.** before sharing. Check **S**ource, **U**nderstand, **R**esearch, **E**valuate
- ✓ **T.H.I.N.K.** before posting. Ask: "Is it **T**rue? **H**elpful? **I**nspiring? **N**ecessary? **K**ind?"
- ✓ Be an upstander for friends who are cyber bullied
- ✓ Use technology for good



## Key Messages



Model positive online habits



Value the importance of being a positive peer influence online



Encourage your child to be a positive peer influence online



Guide your child to use technology for good



## Resources



### **Media-Wise: A Smart Guide for Youths**

Check out this website by the Digital for Life movement for tips on how your children can stay safe and kind online.

<https://go.gov.sg/media-wise>